

Before each ride, you need to make sure you and your Honda are both ready to ride. To help get you prepared, this section discusses how to evaluate your riding readiness, what items you should check on your motorcycle, and adjustments to make for your comfort, convenience, or safety. This section also includes important information about loading.

For information about adjusting the suspension on your Honda, see page 117 .

Are You Ready to Ride?	30
Protective Apparel.....	30
Rider Training	32
Is Your Motorcycle Ready to Ride?	33
Pre-ride Inspection	33
Load Limits & Guidelines.....	36
Loading.....	36
Load Limits	37
Loading Guidelines	37