

Keeping your CRF well maintained is absolutely essential to your safety. It's also a good way to protect your investment, get maximum performance, avoid breakdowns, and have more fun.

To help keep your CRF in good shape, this section includes a Maintenance Schedule for required servicing and step-by-step instructions for specific maintenance tasks. You'll also find important safety precautions, information on oils, and tips for keeping your CRF looking good.

An ECM system is used on this motorcycle; consequently, routine ignition timing adjustment is unnecessary. If you want to check the ignition timing, refer to an official Honda Service Manual (page 162).

An optional tool kit may be available. Check with your dealer's parts department.

Before You Service Your Honda

The Importance of Maintenance	22
Maintenance Safety.....	23
Important Safety Precautions.....	23
Maintenance Schedule	24
General Competition Maintenance	26
Before & After Competition Maintenance.....	30
Between Motos & Practice Maintenance.....	30
After Competition Maintenance	31

Service Preparations

Maintenance Component Locations.....	32
Seat.....	33
Fuel Tank	34
Subframe	37

Service Procedures

Fluids & Filters

Fuel System.....	39
Engine Oil	48
Transmission Oil	51
Coolant	53
Air Cleaner.....	55
Crankcase Breather	57

Engine

Throttle.....	58
Engine Idle Speed	60
Clutch System	61
Spark Plug	66
Valve Clearance	67
Piston/Piston Rings/Piston Pin.....	76

Chassis

Suspension	86
Front Suspension Inspection.....	86
Rear Suspension Inspection.....	87
Recommended Fork Oil.....	88
Fork Oil Change	88
Brakes	90
Wheels	94
Tires & Tubes	95
Drive Chain.....	97
Exhaust Pipe/Muffler.....	100
Steering Damper	104
Additional Maintenance Procedures.....	107
Appearance Care.....	109