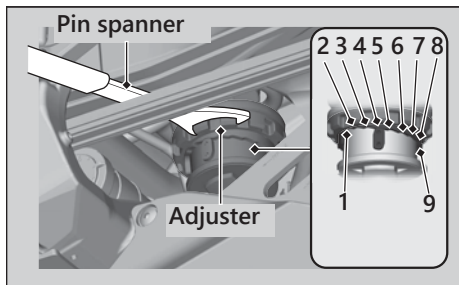


Adjusting the Rear Suspension

Spring Preload

CBR1000RR/RA

You can adjust the spring preload by the adjuster to suit the load or the road surface. Turn the adjuster using the pin spanner. The preload adjuster has 9 positions. Positions 1 to 3 are for a decrease spring preload (soft), or turn the position 5 to 9 increase spring preload (hard). The standard position is 4.



NOTICE

Do not turn the adjuster beyond its limits. Attempting to adjust directly from 1 to 9 or 9 to 1 may damage the shock absorber.

NOTICE

The rear shock absorber damper unit contains high pressure nitrogen gas. Do not attempt to disassemble, service, or improperly dispose of the damper. See your dealer.