Condition	Rebound damping	Compression damping	Oil volume
Entire range of travel is too hard.	Softer	Softer	
Entire range of travel is too soft (bottoming).	Stiffer	Stiffer	
Initial travel is good, but the final stages of travel are too soft (bottoming).			Increase
The initial stages of travel are good but the final stages are hard.			Reduce
The initial stages of travel are too soft, but the final stages are good.	Stiffer	Stiffer	Reduce
The initial stages of travel are too hard, but the final stages are good.	Stiffer	Stiffer	Increase