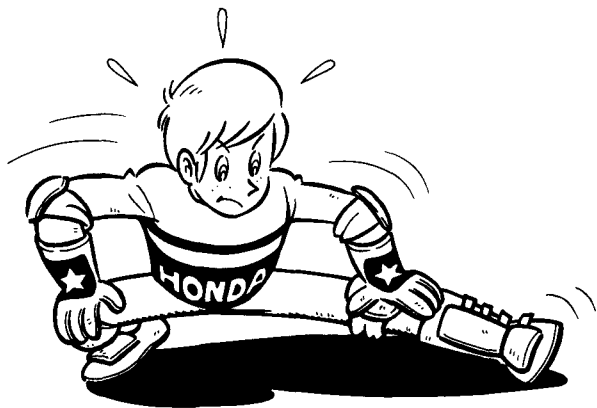


* **WARM UP** before riding by performing some simple stretching exercises.



* **NEVER** ride the TRX 70 unless it has been properly serviced. Don't ride the TRX unless allowed to do so.

