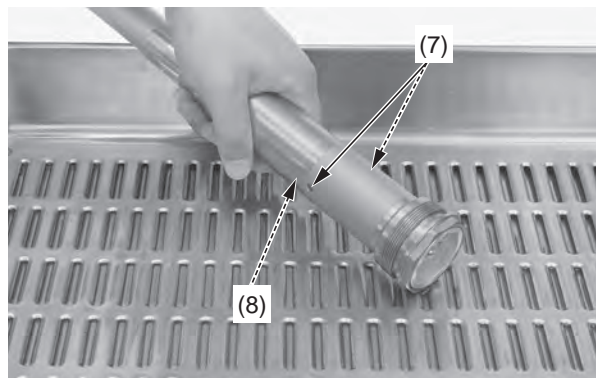


Front Suspension Adjustments

15. Drain the extra oil from the oil holes (7) of the fork damper oil/spring chamber (8).

By doing above procedure, about 10 cm³ (0.3 US oz, 0.4 Imp oz) of fork fluid will be drained from the damper oil/spring chamber through the oil hole and cause 205 cm³ (7.0 US oz, 7.2 Imp oz) of fork fluid to be left in the chamber.



(7) oil holes
(8) fork damper oil/spring chamber

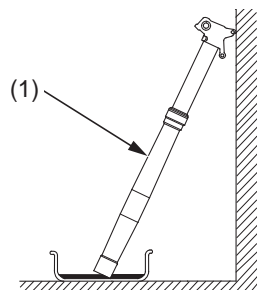
Pour the drained oil into a suitable container and dispose of it in an approved manner (page 148).

NOTICE

Improper disposal of drained fluids is harmful to the environment.

Fork Assembly

1. Drain the fork oil from the fork assembly (1) by placing it upside down. (About 9.8 cm³ (0.3 US oz, 0.3 Imp oz) of fork oil will be left in the outer tube/slider when it is left inverted for about 20 minutes at 20°C/68°F)



(1) fork assembly

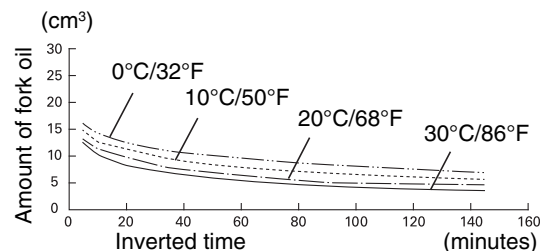
To properly dispose of drained fluids, refer to *You & the Environment* (page 148).

NOTICE

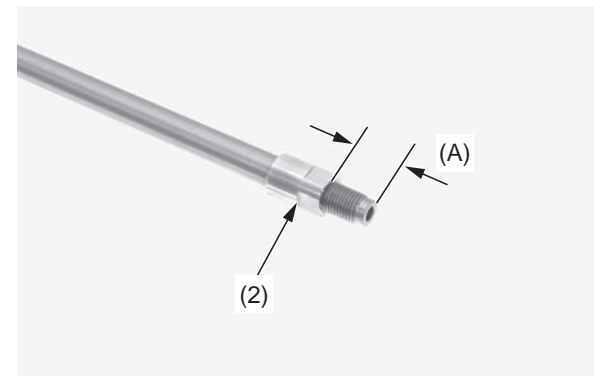
Improper disposal of drained fluids is harmful to the environment.

Amount of fork oil left in the fork (without damper and spring) unit: cm³

minute °C/°F	5	10	20	35	55	85	145
0/32	16.1	14.2	12.4	10.8	9.8	8.4	7.0
10/50	14.9	12.5	11.3	9.5	8.0	6.9	5.8
20/68	13.2	11.4	9.8	7.8	6.6	5.1	4.7
30/86	12.5	10.2	8.2	6.9	5.8	4.4	3.6

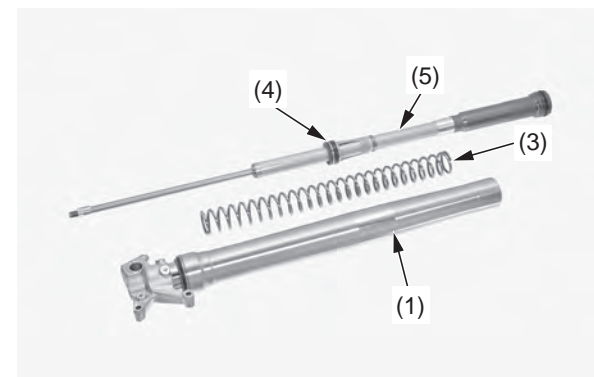


2. Tighten the fork centre bolt lock nut (2) fully and measure the thread length (A) as shown. Standard: 16 – 18 mm (0.6 – 0.7 in)
Wipe the oil completely off the fork damper.



(2) fork centre bolt lock nut (A) thread length

3. Blow out the oil completely off the fork spring (3) using compressed air. Install the fork spring and spring retainer (4) to the fork damper assembly (5).



(1) fork assembly (3) fork spring (4) spring retainer (5) fork damper assembly