Quick Reference

Initial Maintenance	about 100 miles (150 km) or one month.
Regular	about every 600 miles (1,000 km) or six months.
Maintenance	
Pre-ride Inspection	Check the following items each time before you ride (page 25): tires, spokes & rims, leaks,
	engine oil, fuel, drive chain, cables, nuts & bolts, throttle, and brakes.
Fuel/Capacity	unleaded gasoline, pump octane number of 86 or higher
	tank: 1.45 US gal (5.5 l)
	reserve: 0.29 US gal (1.1 l)
Engine Oil	API Service Classification SG or higher except oils labeled as energy conserving on the
	circular API service label, SAE 10W-40, JASO T 903 standard MA,
	Pro Honda GN4 or HP4 (without molybdenum additives) 4-stroke oil or equivalent
Maximum Weight	220 lbs (100 kg)
Capacity	rider only (no passenger or cargo) and any accessories
Tires	Front: 70/100 – 19M/C 42M, Rear: 90/100 – 16M/C 51M
Tire Pressure (cold)	Front: 15 psi (100 kPa , 1.0 kgf/cm²)
	Rear: 15 psi (100 kPa , 1.0 kgf/cm²)
Spark Plug	CR7HSA (NGK) or U22FSR-U (DENSO)